



Serving
Snohomish County
for Over 50 Years

Formerly
Pacific Treatment
Alternatives

Holiday Giving 2022

This time of year can be filled with incredible joy and with deep heartache. For some people, the holidays can be a harsh reminder of what they don't have - connection with family, the means to buy gifts, or perhaps a stable home. Our clients often feel those losses more acutely during this season of gathering together and giving. That is why we created our Holiday Giving Campaign over a decade ago.

Sound Pathways has a long tradition of collaborating with the businesses in our community during the holidays. These collaborations have brought financial relief, a sense of stability and happiness to our clients and their families at what can be a difficult time. This year, we are offering three sponsorship opportunities and an expanded set of sponsorship branded placements.

- **Giving Tree** – Host a holiday giving tree in your office. We will provide the giving tags that detail each gift requested for our families. Gifts will be picked up December 5th – 7th.
- **Toy Drive** – Hold a company-wide toy drive. We will provide the toy drive box and pick up the toys December 5th – 7th.

Organizations that host a Giving Tree or hold a Toy Drive will receive logo recognition through our social media platforms, in our holiday shop, and in our family flyer.

Commitment Deadline: November 10th

- **Funding Sponsorships** – This year all corporate sponsorships include recognition on our Holiday Giving Campaign web page. In addition, we are offering two sponsorship levels with additional benefits for your consideration.
 - **\$100 Level** - Includes one social media sponsorship recognition post on each of Sound Pathways' platforms including LinkedIn, Instagram and Facebook.
 - **\$500 Level** - Includes all recognitions noted above plus a feature article in Sound Pathway's quarterly digital newsletter.

Commitment Deadline: December 5th

All sponsors will also be recognized on our Sound Pathways website and in our Holiday Giving Campaign wrap up article.

Please take a moment to review the scope of our Holiday Giving Campaign at www.soundpathways.org/holidaygiving.

I will be reaching out to you in the coming weeks to discuss Sound Pathways' Holiday Giving Campaign sponsorship opportunities further. If you would like to contact me directly to learn more about how your business can help families in need this season, please email me at vashti@soundpathways.org or call 425-876-7028.

I look forward to connecting with you soon.

Sincerely,

Vashti Quiros
Development Director



Holiday Giving 2022

For 11 years, Sound Pathways has provided extra support, stability and joy to our clients through our Holiday Giving Campaign.

Please join us with a corporate sponsorship as we continue to support our clients and families.

GIVING TREE

- Host a holiday giving tree in your office
- Gifts will be picked up Dec 5th - 7th
- Commitment Deadline: Nov 10th

TOY DRIVE

- Hold a company-wide toy drive
- Toys will be picked up Dec 5th - 7th
- Commitment Deadline: Nov 10th

FUNDING SPONSORSHIPS

- \$100 Level
- \$500 Level
- Commitment Deadline: Dec 5th



More than
360 families
served

Holiday Giving
has provided
gifts to 550+
children



[soundpathways.org/
holidaygiving](https://soundpathways.org/holidaygiving)

For sponsorship details and to learn more about how your business can help our clients and families in need this holiday season contact:

Vashti Quirós, Development Director
vashti@soundpathways.org or 425-876-7028



Holiday Giving Wishlist 2022

Shopping Dates: November 7 - December 9, 2022

At Sound Pathways we believe that no one should be left out in this season of compassion and kindness. Our Holiday Giving Campaign makes it easy to bring a little holiday joy to the families we serve. You can shop through [Amazon](#), pick up items yourself or donate money directly to Sound Pathways.

And we can always use **wrapping paper, gift bags, ribbons, bows and scotch tape** to turn your generous donations into festive holiday presents.

Kids Toys 0-10 years old

Please, no video gaming electronics

- Learning toys & puzzles
- Books – all ages
- Dolls with accessories
- Car, trucks & track sets
- Kids action figures: dinosaurs/Toy Story/Mario/superheroes
- Lego sets & building blocks
- Craft kits
- Play construction kits & workbench
- Toddler activity table
- Tummy time/play mats
- Pull up & walker toys
- Princess play tents & fort building kits

Boys and Girls Clothing

- Pajamas: Newborn to 5T & youth sizes 6-18
- Winter jackets: 2T-5T & youth sizes 6-18
- Gloves, hats & mittens

Pre-teen & Teen Gifts 11-17 years old

Please, no video gaming electronics

- Skateboards & scooters
- Footballs, soccer balls & basketballs
- Ear buds & headphones
- RC cars & drones
- Board games & puzzles
- Art/science supplies & kits

Pre-teen & Teen Clothing

- Sweatpants & sweatshirts for boys & girls (all sizes)
- Beanies, scarves & mitten sets

Adult Clothing

- Robes for women (small-3X)
- Slippers for men & women (all sizes)
- Zip-up hoodies for men (small-3X)
- Winter jackets for men & women (small-3X)
- Leggings for women (all sizes)
- Sweaters for women (small-3X)

Small Appliances

- Blenders/Nutribullet
- Toaster
- Toaster oven
- Coffee pots/Keurig
- Instapot/Crock pot
- Vacuum/Swiffer
- Small microwave
- Lamps

Miscellaneous Items

- Full length mirrors
- Wall décor & picture frames
- Candle sets & aromatherapy diffusers
- Heated blankets

(continued on reverse)



Holiday Giving Wishlist 2022

Shopping Dates: November 7 - December 9, 2022

Miscellaneous Items

- Small throw rugs
- Pedicure/manicure sets & nail polish
- Make up & hair accessories
- Shaving tools
- Cologne
- Perfume & body sprays

Gift Cards

Suggested amount no more than \$50 each

- Local Restaurants
- Movie Theater Tickets
- Walmart, Kohl's, Target & Fred Meyers
- H&M, GAP & Old Navy
- Grocery stores
- Gas cards

Drop off unwrapped gifts by December 9th to:

Sound Pathways
c/o Holiday Giving
1721 Hewitt Ave, Ste 200
Everett, WA 98201

Office Hours:
Monday – Friday
9:00 – 4:00 PM

Please direct any questions to:
info@soundpathways.org or 425-386-2611

To donate money directly to Sound Pathways visit:
soundpathways.org



Thank you
for your
kindness



Holiday Giving Testimonials



"We partner with Sound Pathways because we can see how committed they are to helping people in tough situations. We understand how important it is to serve our community and working with the Sound Pathways' team is one of the ways we give back."

KIA of Everett

"This program brought joy and smiles to my kid's faces. I am now teaching them about big miracles and giving back."

Tynikka Arnold
PCAP client

"The gifts were very helpful because I don't have very much money. It also gave me more motivation for the holidays."

Jamie W
PCAP client

**Holiday Giving
has provided
gifts to 550+
children**

**More than
360 families
served**

Join us in providing extra support, stability and joy to our clients and their families this holiday season through our 11th Annual Holiday Giving Campaign.

Visit soundpathways.org/holidaygiving or scan the QR code for more information, links to gift wish lists and our PayPal Giving Fund.



GIVE NOW



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Holiday Giving 2022

HOLIDAY GIVING TREE TAGS

If you are hosting a holiday giving tree in your location we will provide the giving tags that detail each gift requested for our families.

Gifts will be picked up December 5th–7th.



Welcome to Sound Pathways

For more than 50 years we have been dedicated to creating a safe and supportive place for our clients to become self-reliant, sober, and successful.

Sound Pathways (formerly Pacific Treatment Alternatives) offers substance use prevention, intervention and harm reduction programs designed to meet people where they are – with a special focus on pregnant women and parenting mothers suffering from substance use disorders.

This is critical work for our Snohomish County community:

- Approximately 1 out of every 5 heroin deaths in Washington State occur in Snohomish County
- Each year there are 1,400 emergency room visits caused by substance use in Snohomish County
- Snohomish County maintains 576 emergency shelter beds – a fraction of those beds are reserved for households with children
- At any time, Snohomish County has on average 31 unsheltered households with children




soundpathways.org
425-259-7142




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Sound Pathways programs are free to eligible clients.

Sound Pathways serves and supports more than 5,000 people each year. As a result, hundreds of families have been reunited or have been spared the trauma of separation.



Using evidence-based approaches, case managers and other dedicated staff partner with clients to help them recover from substance use disorders, regain health and stability, strengthen and restore their families, and develop work and social skills.

Over the years, our mission and our vision have lit our path and driven our work.

Mission:

We are a force of hope and healing for at-risk families and individuals affected by alcohol or substance use disorders and mental health issues in Snohomish County. We work collaboratively to uplift our clients and to help our community thrive.

Through our work and by hiring exceptional staff, many with lived experience, Sound Pathways has developed a deep understanding of the needs of our clients. As a result, we have built successful, tailored programs that address those needs.



Sound Pathways Programs

Parent-Child Assistance Program (PCAP)

In this three-year program, PCAP case managers help mothers with substance use disorders achieve and maintain recovery, build healthy family lives, and prevent the births of subsequent alcohol/drug exposed infants.

- After three years, 92% of clients completed alcohol/drug treatment programs with 76% abstinent for more than 6 months
- 80% of children were living with their own families and 68% were in stable housing



Emergency Shelter to Empower and Educate Mothers (ESTEEM)

A 90-day emergency shelter for women and children that offers not only a safe place to stay but the crucial case management support mothers need to build and maintain healthy lives and families.

Amerigroup Supportive Housing Program

This program helps adult men and women on Medicaid living in Snohomish County find and secure permanent housing. Case managers work with clients to overcome housing barriers including criminal background, mental health barriers, financial barriers, low or no employment, treatment background, and eviction history.

To learn about program eligibility and how to apply, visit soundpathways.org/application

Syringe Services Program (SSP)

The SSP is a community-based, public health program that provides critical services in a nonjudgmental environment to people who inject drugs in Snohomish county.

Our program is designed to reduce the harms associated with drug use, prevent HIV and viral hepatitis infections and connect people to the services they need.

If you would like to donate to Sound Pathways, please contact info@soundpathways.org

